Sublative RF Quick Reference Guide

Systems: elōs Plus, eTwo, eMatrix

Treatment Parameters:[1]

Program A – Low Impact [mJ/Pin]	*Program B – Medium Impact [mJ/Pin]*	*Program C – High Impact [mJ/Pin]*
10, 15, 20, 25, 30	32, 36, 40, 44, 48	50, 53, 56, 59, 62

([1]) RF Energy levels should be reduced by 20% for Asian patients and Skin Types V & VI and when treating on boney areas.

Pre-Treatment

- Shave any hair in the treatment area.
- Thoroughly wash the treatment area with cleanser and lukewarm water, dry it thoroughly.
- If required, apply a topical anesthetic gel on the entire treatment area. Use the anesthetic according to manufacturer guidelines. Post anesthesia, wipe off the gel with a dry gauze pad, and thoroughly wash the skin with cleanser and lukewarm water, and dry. **Ensure that all the anesthetic gel has been removed and that the skin is completely dry before commencing treatment**.
- No lotion, gel or coupling medium should be used during treatment.
- Open the sealed pack of a **Sublative iD** tip[2]; connect the tip to the distal port of the applicator with the "**T**" symbol on the tip aligned with the top of the applicator, and ensure that the tip is secured in place.

Treatment Procedure

- **Ensure** skin is **completely clean and dry** during the entire treatment. If skin moistens during treatment (i.e., perspiration, etc.) re-wipe the skin with a gauze pad and continue treatment.
- Set treatment parameters: select the **Program** and the **RF** fluence according to the skin type, severity of the skin's condition, treatment area, bone proximity, etc. Perform several low-energy test pulses; if skin response and patient's tolerance allows – gradually increase treatment parameters.
- Place the applicator on the skin with the tip perpendicular to the skin's surface and in full contact with it.

[2]Each tip is designated for the treatment of one patient only, to prevent cross-contamination.

For more detailed instructions refer to the Clinical Guide Chapter in the appropriate User Manual!

- Begin treatment with conservative parameters on a small area. Emit 5-7 pulses on soft tissue (e.g., preauricular) and assess the feedback bar: in case of low impedance ORANGE pulses – wipe the skin with alcohol or any strong degreasing agent and wait 5 minutes. In case of RED pulses – clean the tip and re-pulse assuring full contact of the tip with the skin.
- When a **Clean tip/Check Contact** message appears, clean tip with an alcohol-moistened gauze pad, then dry with gauze
- When using high energy levels clean the tip every ~5 pulses.
- After completing a full pass on the entire treatment area, if untreated patches of skin are apparent, re-treat these patches.

Post-Treatment Care

- Post-treatment emollient cream may be applied to the treatment area.
- If the patient feels post-treatment discomfort, you may cool the treated area with air cooling such as **SynerCool**, or cold (not frozen) compresses may be used.
- Tiny scabs of less than 1 mm diameter will usually form 24-72 hours post-treatment and may remain for a few days. The scabs should not be touched or scratched, and should be allowed to shed off naturally.
- The patient should use a high-factor sunscreen (at least 30 SPF) and protect the treated area from sunlight during the entire course of treatment and for at least one month after.
- The patient should use plenty of moisturizing cream between treatments.

For more detailed instructions refer to the User Manual.

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